

Consultant Diploma in KORE Therapy

This 10 weekend course covers all aspects of KORE Therapy through musculo-skeletal specialist skills, to ligament testing of the pelvis and joints, through to physical NLP and Qi Gung therapy that has an amazing impact on chronic issues that other professionals find hard to fix.

Each month students are introduced to a new aspect of diagnosis, assessment and treatment techniques that are directed at finding the underlying root cause of many peoples issues. All providing the therapist with a tool kit of treatment options focused on the exact needs of each client.

Each Module is a harmonious balance between proven hands on skills and East and West medical theory.

Course assessment is conducted continuously during training.

Course Content

Module 1 - Muscle and Lymphatic Imbalance

- **Theories** - The holistic nature of the body, neurological disorganisation, psychology of anchoring.
- **Diagnosis** - Muscle testing and lymphatic reflex points.
- **Treatments** - Clearing lymphatic reflex points, origin and insertion massage.

Module 2 - Chinese Physical Therapy

- **Theories** - Yin & Yang / Zang Fu Organs / Five Elements.
- **Diagnosis** - Muscle tests.
- **Treatment** - Tuina, dry clothed massage, mobilisation techniques.

Module 3 - Spinal Diagnosis and Repair

- **Theories** - Spinal mechanics and balance.
- **Diagnosis** - Muscle tests for spinal mechanics: gaits, pitch, roll, yaw; also spinal diagnosis - Fixations and subluxations; and mechanical movements and strains.
- **Treatments** - Powerful Qi Gung, sacral float and neck release.

Module 4 - Anmo Fu - Deep Organ Massage

- **Theories** - Organ and emotional relationship, ileocecal (ICV), candida and its effects, conditions including infertility, fatigue and digestive and weight issues.
- **Diagnosis** - Internal organ imbalance, bowel twists and torsions, blood flow, restriction and spinal imbalance.
- **Treatments** - Piriformis stretch, sacral release, ICV release and balance, anmo fu deep organ massage.

Module 5 - Cupping

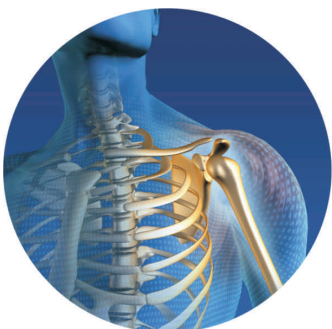
- **Theories** - Pelvic ligaments and their effects on back pain, internal conditions and diseases, cupping therapy, indications and results.
- **Diagnosis** - Pelvic ligament strain and imbalance, shock absorbency, cervical movement and release.
- **Treatments** - Cupping therapy, repatterning, pelvic Qi Gung release.

Module 6 - Stress Release and Physical NLP

- **Theories** - The damage of stress, eyes in distortion, body language, conditions including depression and back pain.
- **Diagnosis** - Frontal bone, eyes in distortion, adrenal and kidney reflex points.
- **Treatments** - Emotional stress release, swish repattern, somato release.



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Module 7 - Cranial Balancing

- **Theories** - Cranial bones, movement; and connections and nerves. Conditions including ADHD, dyslexia, depression.
- **Diagnosis** - Misalignment of cranial bones, sutures, TMJ, bite mechanics.
- **Treatments** - Cranial balancing, full spinal release, TMJ balance.

Module 8 - TCM Diagnosis and Food Intolerance

- **Theories** - Traditional Chinese medicine, TCM pulse and tongue, KORE Therapy clinical application.
- **Diagnosis** - Food intolerance testing, pulse and tongue.
- **Treatments** - Releasing and balancing digestive valves, body release practice.

Module 9 - Qi Gung Balance

- **Theories** - Body release mechanics, universal qi, bone and joint imbalance.
- **Diagnosis** - Ankle, knee, sternum, ligament imbalance.
- **Treatments** - Qi Gung therapy, strong focused energy treatment.

Module 10 - Revision and Assessment

- Full course revision both theory and practice.
- Practical assessment.

Qualifications Attained

Upon completion and qualification you will receive a Diploma in KORE Therapy. You will be able to use the initials **Dip.KORE.** after your name.

Once qualified, you then have the opportunity to register with The Federation of Holistic Therapists (**FHT**). Due to the quality of your training the **FHT** will allow you to also register with:

Professional Association of Clinical Therapists (**PACT**)
International Council of Holistic Therapists (**ICHT**)
International Council of Health, Fitness & Sports Therapists (**HFST**)

Upon registration you can then use the initials in brackets after your name and you will be offered Clinical Practice Public Indemnity Insurance if necessary.

What Makes KORE Therapy So Successful?

- The ability to diagnose the body and mind on many different levels to get to the root cause of somebody's condition.
- Understanding the true holistic nature of the body, and how the systems interact to cause pain and illness.
- Knowing when and where to apply the correct treatment.
- KORE Therapy students are trained in the true nature of stress and its effects on the body and mind.
- Understanding the causative factors of disease with an arsenal of proven techniques.
- KORE Therapy utilises muscle testing to prove neurologic change.
- KORE Therapy prides itself on the use of proven techniques and research from around the world. Its aim is to get directly to the point, in both its training courses and in its treatment protocol reducing wasted training and treatment times.
- All clients are strongly urged to enhance their overall health and wellbeing.

